

## Exception to Meal Component Requirements for Jewish Institutions in Child Nutrition Programs- FNS Instruction 738-13

A uniform national policy has been established for children who must obey the **Jewish dietary law**. This policy consists of three standard options that are available only to institutions serving children who must obey **Jewish dietary laws**. The options apply only to **LUNCH and SUPPER** menus containing meat; in all other instances, milk must be served with these meals.

The following chart specifies which of the options are available to the various institutions participating in Child Nutrition Programs.

Option	Residential & Non-Residential Camps	All Other SFSP Sites
<p><b><u>Option 1</u></b>            Serve an equal amount of full-strength juice in place of milk with lunch or supper. When juice is substituted for milk, it may not contribute to the vegetable/fruit requirement.</p> <ul style="list-style-type: none"> <li>- Institutions operating 5 days per week may substitute juice for milk 2 times per week for lunches and 2 times for suppers, but not more than one substitution each day.</li> <li>- Institutions operating 7 days per week may substitute juice for milk 3 times per week for lunch and 3 times for suppers, but not more than one substitution each day.</li> </ul>	YES	YES
<p><b><u>Option 2</u></b>            - Serve milk either before or after the meal service period.  <b>Please indicate serving time</b></p>	YES	NO
<p><b><u>SFSP Option 4</u></b></p> <ul style="list-style-type: none"> <li>- If you are operating 7 days per week, sponsors can substitute juice for milk 6 times for lunch or supper.</li> <li>- If you are operating 5 days per week, sponsors can substitute juice for milk 4 times for lunch or supper.</li> </ul> <p><b>Milk must be served with all meals once a week</b></p>	YES	NO

- **Option 2** is not permitted in **non-camps** site(s) under the Summer Food Service Program (SFSP) because children are not always present for both meal services.
- Milk must be served with the breakfast meal in the Summer Food Service Program (SFSP) because the breakfast meal pattern does not require the service of meat or meat alternatives.